

As You Fly Learning

Dyslexia, ADHD, Behavior & Learning Resource Guide

A curated directory of tools, websites, apps, and organizations for families, educators, tutors, and students.

Quick Tip: Resources can be helpful starting points, but they do not replace individualized evaluation, professional guidance, an IEP/504 Plan, or a student's existing educational or behavioral plan.

RESOURCE CATEGORIES

 **Dyslexia & Reading**

 **ADHD & Executive Functioning**

 **Behavior & Emotional Regulation**

Dyslexia & Reading

IDA

International Dyslexia Association (IDA)

<https://dyslexiaida.org/>

Reliable dyslexia information, fact sheets, Structured Literacy information, accommodations, educator resources, and a searchable resource library.

FREE

FOR PARENTS

FOR EDUCATORS

LEARNING TOOL

RR

Reading Rockets

<https://www.readingrockets.org/>

Free reading activities, teaching strategies, videos, parent tips, and resources for helping struggling readers build phonics and literacy skills.

FREE

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U

Understood (Dyslexia & Reading Support)

<https://www.understood.org/>

Parent-friendly information about dyslexia, ADHD, dyscalculia, IEPs, 504 Plans, accommodations, behavior, and learning differences.

FREE

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BS

Bookshare

<https://www.bookshare.org/>

Accessible digital books with text-to-speech, word highlighting, and braille options for qualifying students with dyslexia and other reading barriers.

FREE

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LA

Learning Ally

<https://learningally.org/>

A nonprofit providing over 80,000 human-narrated audiobooks and reading support for individuals with print disabilities and dyslexia to improve comprehension.

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Nessy

<https://www.nessy.com/>

Literacy games, structured reading programs, animated videos, and printable activities designed specifically with dyslexic learners in mind.

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Florida Center for Reading Research (FCRR)

<https://fcrr.org/>

Free evidence-based literacy activities for phonemic awareness, phonics, fluency, vocabulary, and comprehension across grade levels.

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UFLI Foundations

<https://ufl.edu/education/ufl.edu/>

Explicit, systematic foundational reading resources, including many highly structured printable lesson tools, decodable materials, and activities.

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ReadWorks

<https://www.readworks.org/>

Reading passages, vocabulary instruction, comprehension activities, and differentiated reading materials to support reading growth.

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Epic

<https://www.getepic.com/>

A large digital children's book library with thousands of ebooks, audiobooks, picture books, and read-to-me options for young readers.

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Storyline Online

<https://storylineonline.net/>

Free literacy program featuring award-winning videos of actors (such as Eva Longoria) reading children's books aloud with expressive narration and animation.

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Starfall

<https://www.starfall.com/>

Interactive early literacy, phonics, reading, and math games and activities designed to make foundational learning engaging and fun (PreK–3rd grade).

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Read&Write (Texthelp)

<https://www.texthelp.com/products/read-and-write-for-google-chrome/>

Assistive technology offering text-to-speech, word prediction, picture dictionaries, reading support, and digital accessibility tools.

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Microsoft Immersive Reader

<https://www.microsoft.com/en-us/education/products/learning-tools>

Built-in reading accessibility features including text-to-speech read-aloud, line focus, font spacing adjustments, picture dictionary, and syllable breakdown.

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Google Read Along

<https://readalong.google.com/>

A speech-based reading-practice tool featuring an in-app reading assistant ("Diya") that helps children build independent reading confidence.

FREE

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OpenDyslexic

<https://opendyslexic.org/>

A open-source font designed to mitigate common symptoms of dyslexia by giving heavy weighted bottoms to letters to indicate direction and prevent visual flipping.

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National Center on Improving Literacy (NCIL)

<https://improvingliteracy.org/>

Literacy information, screening guides, and evidence-based resources for families, schools, and educators supporting students with literacy difficulties.

FREE

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Colorín Colorado

<https://www.colorincolorado.org/>

Bilingual resources and guidance for supporting English multilingual learners, including those who also experience reading or learning difficulties.

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Speechify

<https://speechify.com/>

Upload any document or PDF into the Speechify web app to hear lifelike text-to-speech audio, generate summaries, or create audio podcasts from text.

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ADHD & Executive Functioning



CHADD (Children and Adults with ADHD)

<https://chadd.org/>

National non-profit offering resources for children, families, educators, and professionals, including school supports, fact sheets, webinars, and ADHD education.

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CDC ADHD Resources

<https://www.cdc.gov/ncbddd/adhd/>

Evidence-based general information about ADHD, classroom supports, treatment approaches, diagnostic criteria, and official resources for families.

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ADDitude Magazine

<https://www.additudemag.com/>

Articles, webinars, printables, organization ideas, and ADHD strategies. Best used alongside evidence-based professional medical and educational sources.

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GoNoodle

<https://www.gonoodle.com/>

Movement, dance, and mindfulness activities that are useful for planned brain breaks, physical energy resets, and maintaining student focus.

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Time Timer

<https://www.timetimer.com/>

Visual countdown timers and digital apps that make the passage of time concrete and easy to understand for task focus, transitions, and time management.

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Goblin Tools

<https://goblin.tools/>

Simple AI-powered tools (such as Magic ToDo) that break large or overwhelming multi-step tasks into smaller, clear, manageable action items.

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Kami

<https://www.kamiapp.com/>

All-in-one educational platform that turns static PDFs and documents into interactive, accessible learning experiences with voice comments, text support, and AI tools.

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Grammarly

<https://www.grammarly.com/>

An AI writing partner that helps students organize thoughts, correct spelling and grammar, and craft clear, confident written communication.

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Accommodation Central

<https://accommodations.theteachertoolkit.com/>

An interactive library providing explicit guidance on how to choose, implement, and evaluate classroom accommodations for diverse learners.

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IXL Worldwide

<https://www.ixl.com/>

Personalized K-12 learning curriculum with adaptive practice problems, step-by-step guidance, and real-time analytics tailored to each student's needs.

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AAA Math

<https://www.aaamath.com/>

Structured, bite-sized interactive math lessons for K-8. Excellent for students with dyscalculia as it breaks concepts into clear steps with immediate feedback.

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Boddle Learning

<https://www.boddlelearning.com/>

An interactive 3D game platform that makes learning and practicing math, reading, and science engaging through personalized gameplay.

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Khan Academy Kids

<https://learn.khanacademy.org/khan-academy-kids/>

Free, high-quality early-learning activities and games that work exceptionally well for short, focused learning sessions (ages 2–8).

FREE

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FunBrain

<https://www.funbrain.com/>

Free educational website offering interactive learning games, digital books, and skill videos for children in grades Pre-K through 8.

FREE

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CAST (Universal Design for Learning)

<https://www.cast.org/>

Leading resources and frameworks on Universal Design for Learning (UDL) to help educators design instruction that is accessible to all diverse learners.

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LD OnLine

<https://www.ldonline.org/>

Reliable information on learning disabilities, dyscalculia, and ADHD for parents, educators, and students seeking research-backed support.

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Wrightslaw

<https://www.wrightslaw.com/>

Comprehensive special education advocacy legal hub covering IDEA, IEPs, Section 504, educational evaluations, parent rights, and special education law.

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PACER Center

<https://www.pacer.org/>

Family resources covering disabilities, special education rights, assistive technology, bullying prevention programs, and parent advocacy guides.

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Common Sense Education

<https://www.commonsense.org/education>

Trusted reviews and ratings for educational apps, websites, digital tools, classroom technology, and digital citizenship curricula.

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Behavior, Social-Emotional & Regulation



Child Mind Institute

<https://childmind.org/>

Clinical guidance and evidence-based articles on ADHD, executive functioning, emotional regulation, anxiety, behavior, and children's mental health.

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Center on PBIS

<https://www.pbis.org/>

Free evidence-based resources for positive behavior interventions and supports, classroom management, school systems, and students with disabilities.

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IRIS Center

<https://iris.peabody.vanderbilt.edu/>

Free interactive learning modules covering behavior, classroom management, disabilities, IEP development, accommodations, and evidence-based practices.

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CASEL

<https://casel.org/>

Leading framework and resources for social-emotional learning (SEL), including self-awareness, self-management, relationship skills, and responsible decision-making.

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Lives in the Balance

<https://livesinthebalance.org/>

Resources focused on Collaborative & Proactive Solutions (CPS) and understanding the cognitive and emotional skills behind challenging behavior.

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Do2Learn

<https://do2learn.com/>

Free printable visual supports, social skills games and activities, emotion cards, and learning/behavior management tools for neurodivergent learners.

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Sesame Workshop

<https://www.sesameworkshop.org/>

Free developmental resources for young children covering feelings, daily routines, emotional resilience, family changes, grief, and social-emotional skills.

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The Zones of Regulation

<https://zonesofregulation.com/>

Curriculum and visual framework for teaching emotional awareness, self-regulation, sensory processing, and individualized coping strategies.

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ClassDojo

<https://www.classdojo.com/>

Classroom management and communication platform for reinforcing positive skills, sharing student work, and building school-family community.

FREE

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Breathe, Think, Do with Sesame

<https://sesamestreetincommunities.org/topics/emotional-well-being/>

An interactive child-friendly app for practicing emotional calming strategies, flexible thinking, deep breathing, and problem-solving skills.

FREE

APP

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Understood - Through My Eyes

<https://www.understood.org/en/articles/through-my-eyes>

An interactive simulation experience that helps adults understand the everyday academic and emotional experiences of children with dyslexia, ADHD, and dyscalculia.

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Helpful Accommodations & Learning Strategies Across Categories

Chunked Assignments

Goal Charts

Visual Schedules

Visual Timers

First-Then Boards

Break Cards

Audiobooks

Text-to-Speech

Speech-to-Text

Graphic Organizers

Movement Breaks

Flexible Seating

Choice Boards

Calm-Down Spaces

Positive Reinforcement

Predictable Routines

Explicit Instruction

Student Interest Inventories

Family-School Communication Tools



Core Principles:

- *Big idea:* Support the need, teach the skill, and protect the child's confidence.
- *Accommodations:* Remove disability-related barriers so students have a fair opportunity to learn and show what they know.